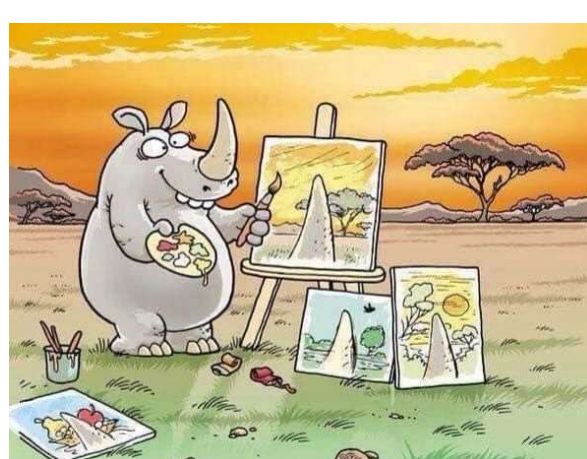
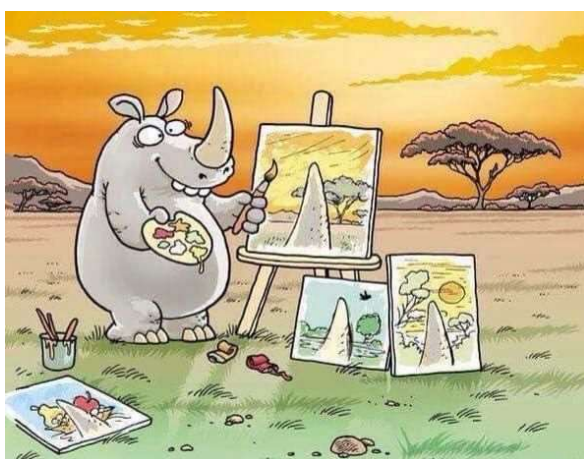
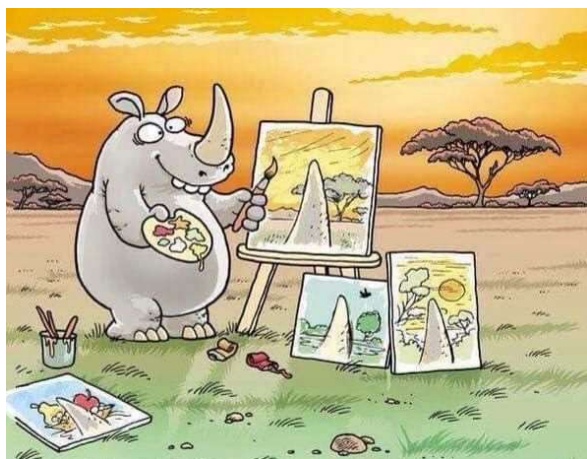
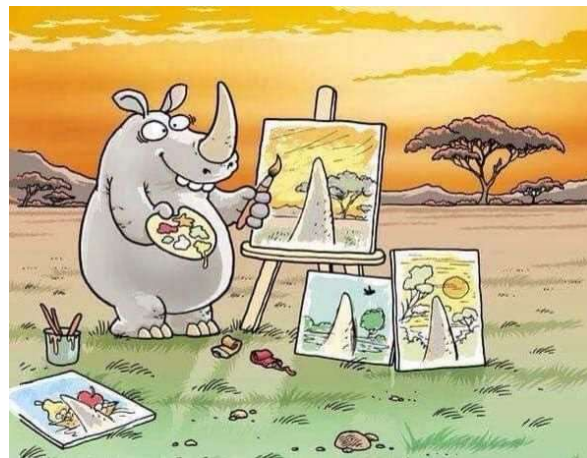
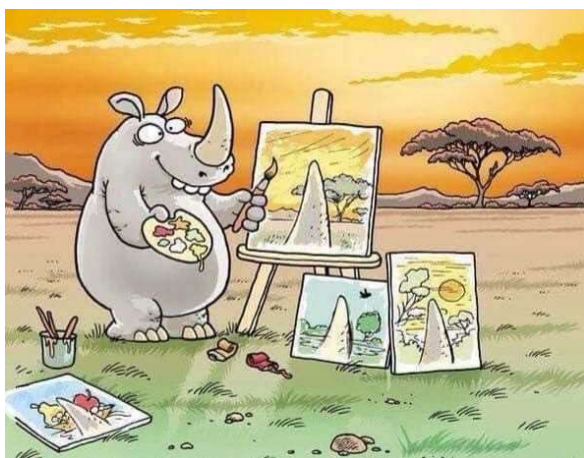
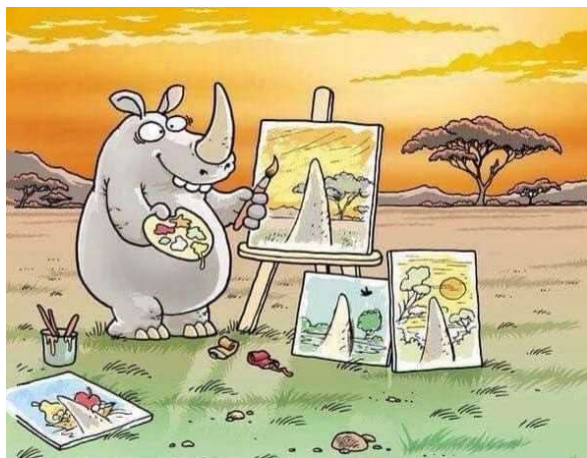
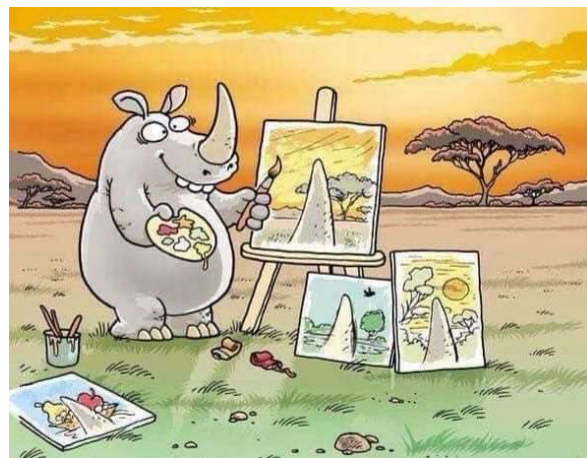
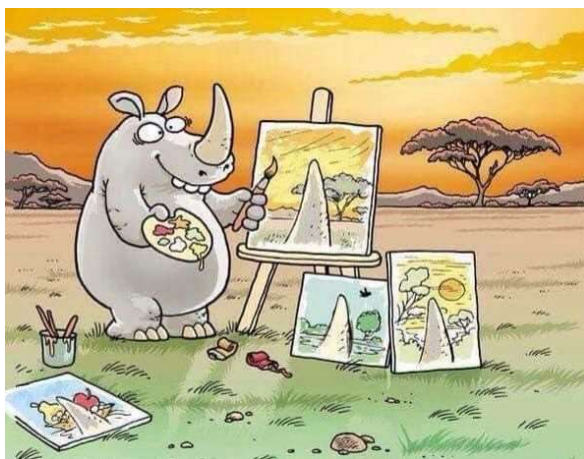
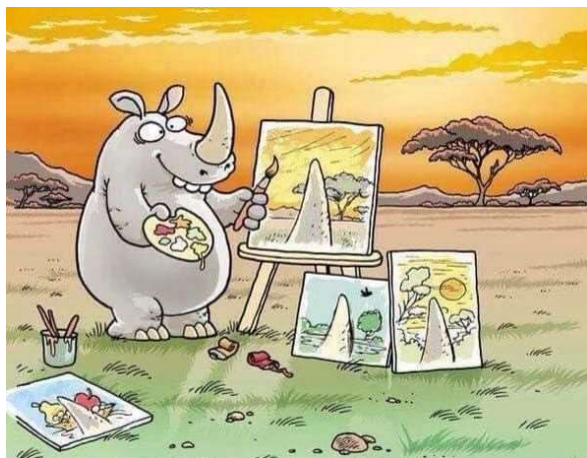
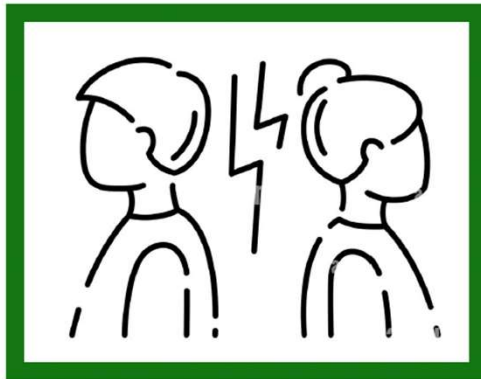


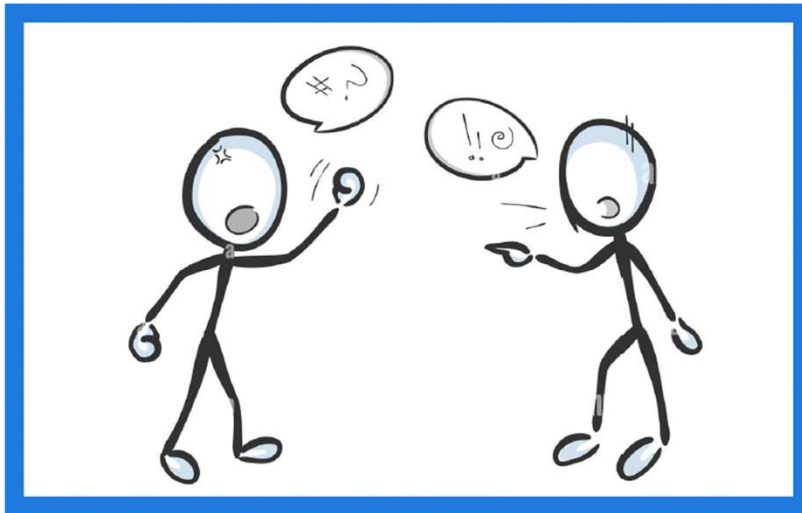


1. Vi er uenige

- Vi vil ikke det samme

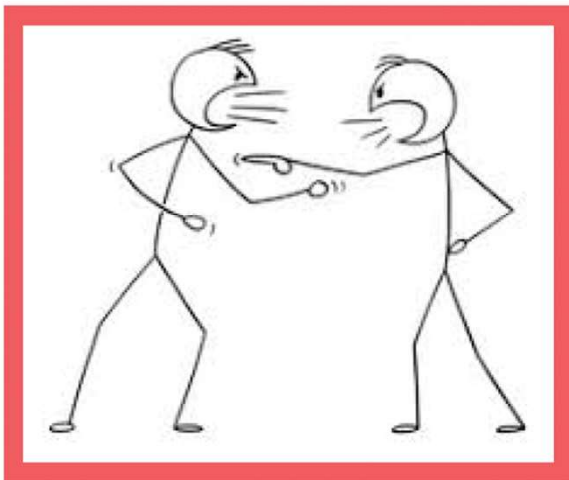


2. Det er din skyld!



3. Problemet vokser

- Gamle ting huskes



4. Samtalen opgives

- Det nytter jo alligevel ikke



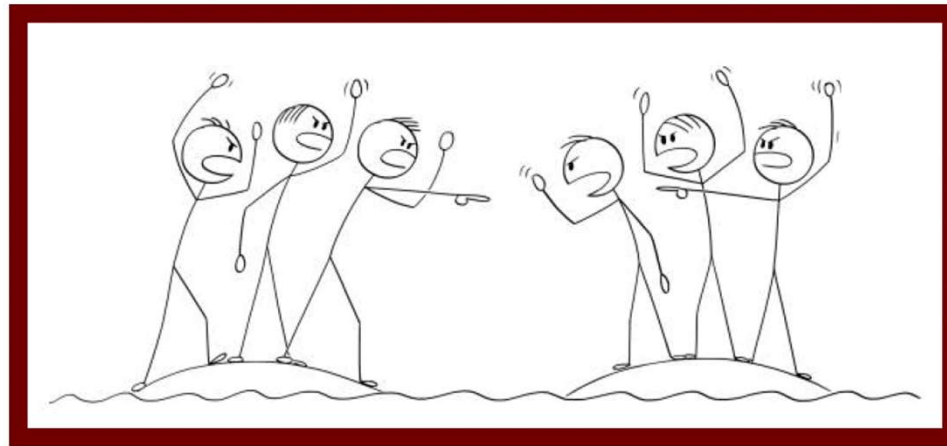
5. Fjender.

Uenigheden fylder alt

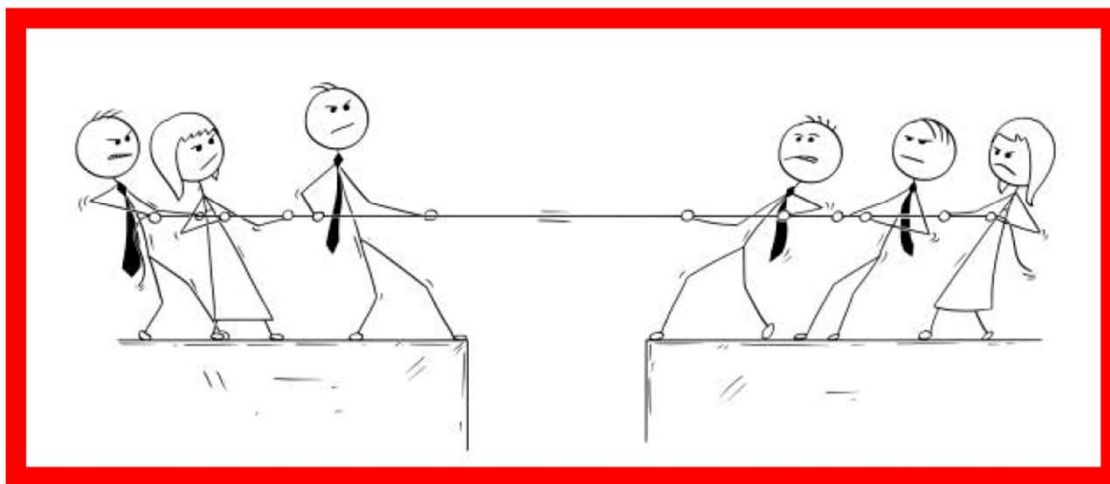


6. Åbne fjender

- Vreden overtager



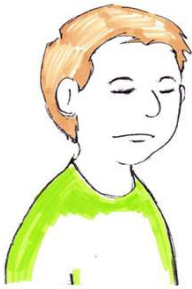
7. Der er ikke plads til os begge







Følelseskort (skal klippes ud)



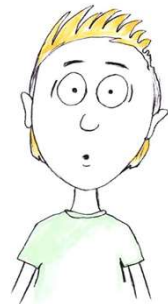
Ked af det



Vred



Bange



Overrasket



Frustreret

Hjælpeord

Ondt i maven Nervøs Ubehag Såret Ensom Flov Forvirret

Tom Udmattet Træt Utryg Skuffet Trist Stresset

Bange Presset Usikker Irriteret Deprimeret Nedtrykt

Sur Føler sig overset Afvist Frustreret Føler sig skubbet væk

Rasende Ikke respekteret Føler sig udenfor Overvældet Modløs

Oprørt Håbløs Skamfuld Arrig



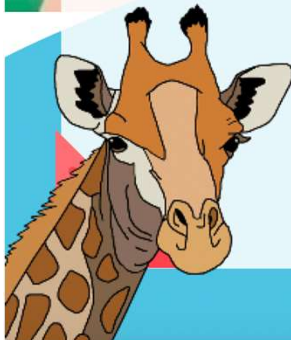


KONFLIKTKØREKORT

Dette certifikat tildeles:

[Empty blue box for recipient name]

for at have gennemført førstehjælpskursus i konflikthåndtering



Lærer



RGP-Træner